

## POSITION DESCRIPTION

<b>Job Title:</b>	<b>Enhanced Care Clinician</b>
<b>Reporting to:</b>	<b>headspace Mildura Lead Clinician/Centre Manager</b>
<b>Hours:</b>	<b>1.0 FTE</b>
<b>Location:</b>	<b>headspace Mildura</b>

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### About headspace Mildura

headspace Mildura is a youth friendly facility with the mission of enhancing the emotional and social wellbeing of young people aged 12 to 25 years by providing an accessible, flexible, responsive service at the earliest possible point when problems emerge. Services are provided across four core streams: primary health care, mental health, alcohol and other drug (AOD), and social/vocational services. This is achieved through providing a comprehensive psychosocial assessment and positive help-seeking experience with opportunities to be linked in with the services that match their needs and activities that support their development.

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### Purpose of the position

The Enhanced Care Clinician is part of a larger multi-disciplinary team whose focus is on improving health outcomes for young people aged 12-25 years and will work closely with headspace Mildura colleagues and co-located service partners to maximise opportunities to identify innovative, co-ordinated solutions for individual clients. All staff working under the headspace Mildura banner provide inclusive practise to all young people from a wide social background and with varying mental health needs.

The Enhanced Care Clinician will undertake comprehensive assessments that build upon the psycho-social information gathered by the Engagement & Assessment Clinicians and provide advice, advocacy, and support to young people developing more severe and complex mental health concerns who do not meet the threshold for referral to the tertiary mental health sector; in particular, presentations of emerging eating disorders, emerging personality disorders, chronic and complex depression and anxiety, and/or co-morbidity of intellectual disability and mental health concerns.

The Enhanced Care Clinician will be responsible for two core clinical practices;

- Provision of evidence based therapeutic interventions and holistic support for young people and their families. This will include the provision of individual therapy, and facilitation and provision of group programs.
- Capacity building to organisations requesting guidance and working with community agencies to create seamless and integrated services.

All clinicians will be required to maintain appropriate and timely clinical records (using an Electronic Management System) and data requirements. They will need to participate and contribute in the multi-disciplinary client review processes and general team meetings.

## Key Responsibilities

The primary objective of the Enhanced Care Clinician role is to provide interventions that facilitate improvements in the mental health, social wellbeing of young people aged 12-25 years. This will be achieved by:

- Successfully engaging with, and treating, young people developing more severe and complex mental health concerns, including those from high risk groups, through the provision of evidence-based psychological and social interventions. Particular attention will be provided to presentations of emerging eating disorders, emerging personality disorders, chronic and complex depression and anxiety, and co-morbidity of intellectual disability and mental health concerns.
- Identifying, in conjunction with the young person, opportunities to adopt Family Inclusive Practice principles.
- Identifying and working closely with key stakeholders and community agencies to establish seamless pathways for afore-mentioned presentations and identify and develop opportunity for capacity building.
- Augmenting information collected at triage and engagement stages with Mental Health Assessments, Mental State Examinations (MSE's), Risk Assessments (and where warranted develop safety plans) and Alcohol and Other Drug Assessment.
- Delivering respectful, solution focused, flexible and timely responses to the needs of headspace Mildura clients, tailored to the client's age, social and cultural background, beliefs and individual needs.
- Ensuring that a holistic approach is taken by consulting and collaborating with colleagues to provide optimal care to a young person, including attendance at relevant case meetings.
- Complying with headspace Mildura referral, record keeping and reporting requirements:
  - documenting all care/education/information provided within a young person's electronic medical record conforming to legal requirements and ensuring that headspace Mildura, headspace National Office, Primary Health Network, Government and Medicare regulations and reporting criteria are met;
  - undertaking the collection, analysis and reporting of health-related data in order to measure deliverables and continuously improve the delivery of service;
- Maintaining professional knowledge and standards through continuing relevant education, headspace webinars and professional development.
- In collaboration with headspace Mildura staff, provide advice on clinical issues and development and implementation of health programs and services that enhance service provision.
- As a member of the clinical team, provide education, advice and support, as required, to other team members.
- Involvement in Quality Assurance and Risk Management activities to ensure that best practice care is being provided and that the centre is meeting all regulatory requirements including expectations of the headspace Consortia Group and headspace National Office.
- Adhere to confidentiality and privacy arrangements and agreements governing the service.
- Other responsibilities as assigned by the headspace Centre Manager.

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## Key Selection Criteria

The following criteria must be met for consideration for this position:

### Essential

- Possession and maintenance of relevant tertiary qualifications and registration requirements relevant to their discipline, including psychology, social work, occupational therapy or mental health nursing.
- Knowledge, experience, understanding and demonstrated passion for, and interest in, the health and welfare issues affecting young people.
- Highly developed interpersonal, written and verbal communication skills, and the ability to engage with, establish and maintain effective relationships with a diverse range of people, including young people, health professionals, educators, academic researchers, and service providers.

- Knowledge, skills and experience in direct service provision to young people and/or providing mental health services or programs, including being able to respond effectively to crisis and high-risk situations when required.
- Knowledge and/or interest in mental health presentations including: emerging eating disorders, emerging personality disorders, and co-morbidity of intellectual disability and mental illness or mental health concerns.
- Knowledge, skills and experience in direct service provision of Family Inclusive Practice Principles.
- Demonstrated understanding of service delivery concerns including privacy and confidentiality principles.
- Demonstrated ability to work in a highly productive environment with time pressures whilst managing multiple tasks, and ability to work both independently and collaboratively as a productive team member.
- Demonstrated information management and technology skills including:
  - experience in the use of electronic client/customer management systems;
  - ability to use a desktop computer, with familiarity with the Microsoft Windows environment and Microsoft Office applications;
- Awareness of relevant legislation/policies and issues informing health and other services for young people and families.
- A current driver's licence, Working with Children Check and Police Check (completed within the last 12 months).

## Desirable

- Sound understanding of a social model of health, the social determinants of health, health promotion settings approach and capacity building.
- Knowledge and understanding of relevant legislation, policies and strategic directions of mental health services for young people experiencing (or at risk of) a serious mental illness;
- An understanding of the issues relating to mental health and primary health care for young people living in rural and remote communities, including the role of general practice and allied health providers.
- Knowledge of Mildura's youth / health sectors

## Workplace Practices

All headspace Mildura employees are required to familiarise themselves with the organisation's policies and procedures and abide by them at all times. It is further expected that employees will:

- Be respectful towards the organisation, colleagues, clients and the general public.
- Be cognisant with and uphold the objectives and philosophy of headspace.
- Act collaboratively with all colleagues.
- Act in a safe and responsible manner.

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## How to apply

Applications should address the key selection criteria outlined in the position description and include a letter of application and curriculum vitae with three professional referees. Please forward to Cassandra Lawn, Recruitment Officer, Mildura Base Hospital, by email to: [lawnc@ramsayhealth.com.au](mailto:lawnc@ramsayhealth.com.au)

For further information please contact Teresa Cavallo, headspace Mildura Centre Manager on 5021 21400 or email [teresa.cavallo@headspacemildura.com.au](mailto:teresa.cavallo@headspacemildura.com.au)