**headspace** Armadale is a free, youth-friendly and confidential service available to young people aged 12 – 25 years, in the south east metropolitan region of Perth. **headspace** Armadale brings together a range of co-located community-based and government agencies, to provide a holistic service as a “one-stop-shop” for young people. We offer information, intake, assessment and referral.

The services available at **headspace** Armadale include:

|  |  |
| --- | --- |
| * Referral to Youth Friendly General Practitioner/s * Youth Support Workers * Sexual health clinic | * Drug and alcohol outreach worker * MBS Psychological services * Vocational support worker |

***How to refer***

**Professional Referral**

* Referrals accepted from GP’s, Allied Health Professionals, community-based agencies and educational institutions
* Where available, GPs should include a copy of the client’s Mental Health Treatment Plan
* GP Mental Health Management options:

By your own GP

By headspace GP (While client is engaged at headspace)

By headspace GP (Ongoing) (Handover all Medical and Mental Health Management)

***Client Details***

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Date of Referral** | | | | **DOB**      /     /      **Age** | | |
| **Name** | **Gender** | | | | | **Pronouns** |
| **Address** | | | | | | |
| **Email** | | **Mobile** | | | **Home Phone** | |
| **Medicare No.** | | | **Reference No.** | | | **Expiry Date:** |

|  |
| --- |
| **Are there any safety concerns when contacting the patient by phone/mail?** |
| **Consent to contact young person via: (e.g. confirm appointments etc.)**  **Mobile:**   Yes  No **Text:**  Yes  No **Voicemail:**  Yes  No  **Email:**  Yes  No **Mail:**  Yes  No **At home:**  Yes  No  **Preferred method of contact *(this can change and other arrangements can be made):*** |

|  |
| --- |
| **Language spoken at home?** |
| **Ability to speak English?**  Very well  Well  Not well  Not at all **Preferred Language** |
| **What is the client’s cultural background?** Aboriginal  TSI  Other  Unknown |
| **Who does the young person live with?** |
| **Education/employment status?** |
| **Is the client aware and consented to the referral and wanting treatment?** |

|  |  |  |  |
| --- | --- | --- | --- |
| **Next of Kin (MUST be completed if client is under 16 unless mature minor process followed)** | | | |
| **Next of Kin name** |  | **Mobile number** |  |
| **Relationship to client** |  | **Home number** |  |
| **Is the young person’s parent/guardian aware that this referral has been made?**  Yes  No | | | |
|  |  |  |  |

***Reason for Referral***

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Presenting Issues** *(please include here any information which may be useful as background information to assist with the referral e.g. mental health, drug and alcohol, vocational/educational, physical health, including past/current risk assessments)* | | | | | | | | |
| Mental health  Situational  Eating | | Physical health  Vocational/ education  Home/environment | | | Sexual health  Social support  Friendships | Alcohol/drugs  Family support  Relationships/sexuality | | |
| Mental health diagnosis (if relevant) | |  | (*Please attach copy of current*  *Mental Health Treatment Plan if available)* | | | | | |
|  | | | | | | | | |
|  | | | | | | | | |
|  | | | | | | | | |
| Duration of presenting problem | |  | | | | | | |
| **Recent Stressors** *Are there any legal proceedings pending? (please note headspace is unable to provide opinion re: legal matters or supporting documents)* | | | | | | | | |
|  | | | | | | | | |
|  | | | | | | | | |
|  | | | | | | | | |
| **Client History** *(Relevant biological, psychological, physical and social history, including family history)* | | | | | | | | |
|  | | | | | | | | |
|  | | | | | | | | |
| **Relevant medications:** |  | | | | | | | |
| **Risk to self or others** *(include self-harm/suicide attempts, violence, threats of violence)*  **PLEASE NOTE: headspace does not provide crisis or acute care, if in crisis please refer to the closest Emergency Department or call the Mental Health Emergency Response Line (MHERL) on 1300 555 788** | | | | | | | | |
|  | | | | | | | | |
|  | | | | | | | | |
| **Other Care Providers Involved (Previous/Current)** *(is the young person linked in with any other services? For example CAMHS)* | | | | | | | | |
|  | | | | | | | | |
|  | | | | | | | | |
| **Admissions to hospital related to mental health?** | | | |  | | | **If so, how many?** |  |

***Referrer Details***

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Name** |  | | | **Relationship to the client** | |  | |
| **Address** | |  | | | | | |
| **Organisation** | | |  | | **Contact Number** | |  |

**Client’s GP (if not the referrer):**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Name** |  | | **Practice** |  |
| **Address** | |  | | |

***Consent Details***

Please indicate who is consenting to collection, use and disclosure of personal health information:

|  |  |  |  |
| --- | --- | --- | --- |
| 🞎 Adult client | 🞎 Adolescent client (aged 16 or over) | 🞎 Parent/guardian | 🞎 Mature minor |

All information will be treated confidentially and will not be used for any other purposes that what is stated in the full consent form (signed during the first appointment). I am aware that this referral is being made. I understand I can withdraw from this service at any time. The client has been made aware of this referral.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | Client name |  | Client signature |  | Date |  |
|  |  |  |  |  |  |  |
|  | Parent/Guardian name |  | Parent/Guardian signature |  | Date |  |
|  |  |  |  |  |  |  |

**FAX THIS REFERRAL TO HEADSPACE ARMADALE ON 9393 0399 or email to** [**referrals@headspacearmadale.com.au**](mailto:reception@headspacearmadale.com.au)

Please note that headspace Armadale does not provide crisis or acute care mental health services.

For mental health emergencies contact the Mental Health Emergency Response Line on 1300 555 788.